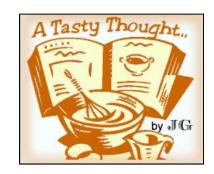
A Recipe compliments of





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Strawberry Shortcake

Oven: 450°, 15 – 20 minutes

Ingredients for Shortcake:

2 cups flour

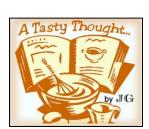
2 Tbl. Sugar

3 tsp. Baking Powder

1 tsp. Salt

1/3 cup solid Crisco shortening

1 cup Milk (can be low fat, reconstituted powdered or soy)



Method:

Heat oven to 450°. Spray round layer cake pan with PAM. Measure flour, sugar, baking powder & salt into a mixing bowl. Cut in shortening, thoroughly, with pastry blender. Stir in milk until blended. Spoon & pat into pan. Bake 15 – 20 minutes until golden brown. Cool. Cut into pie slices, then cut each serving to be used in half – a top and a bottom. Place the bottom in an individual dish, cover with sliced strawberries (that have been cleaned, sliced and mixed with a little sugar, according to taste) & ice cream. Place other piece on top and cover with berries & ice cream. YUMMY!!!

JG

- □ At a later date a package of the frozen strawberries can be defrosted so this tasty dessert can be enjoyed in the cold winter months!
- ☐ Any extra shortcake can be sliced and frozen, also.

